

Helping Hands Young Volunteer Awards 2012

Do you know a young person whose volunteer work has helped paint a brighter future in your community?

Or are you a young person who has had a very positive and rewarding volunteer experience?

If so, you are invited to submit a nomination for the **Helping Hands Young Volunteer Awards, 2012.**

Entrants must be under 25 years of age.



Helping Hands Young Volunteer Awards 2012 Application

Name of nominee:

Address:

Date of Birth:

Telephone No:

Name of Nominator:

Address:

Telephone No:

Type of Voluntary Activity:

Checklist:

- Application form (required)
- A maximum of 500 words submission required
- Artwork, photos, videos (optional)

Please note: All materials must be clearly marked with your name and address and the name and address of the person you are nominating.

Send submission and completed application form by the **29th February 2012 to:**

Sinéad Hardiman
Volunteer Development Manager
Barnardos, Christchurch Square,
Dublin 8.

Barnardos is Ireland's leading children's charity working to provide a better environment for children and families.

We believe that everyone has a part to play in shaping the society we live in and that young people are major contributors.

We aim to encourage and promote volunteering by young people and keep the spirit of volunteering alive.



What is the Helping Hands Award?

The aim of the Award is to promote the spirit of volunteering by encouraging and supporting young people's involvement in volunteer activities.

Taking place at our annual Volunteer Ceremony, the lucky winner will be presented with a **Barnardos Helping Hands Award** for their contribution to their community. The winning entry will also receive a personal computer, kindly donated by our Awards sponsor, Softech.

The Awards lunch this year will take place on **Thursday, 15th March**, Davenport Hotel, Lower Merrion St, Dublin 2.

Who can enter?

Any young person under 25 years of age can be nominated. You can nominate yourself or nominate another person.

What is volunteering?

Volunteering can be any activity that involves giving freely of personal time to help others and that contributes to creating a healthy society to live in.

Examples are:

- Environmental and conservation projects
 - Fundraising
 - Helping in the local community
 - Working with disadvantaged groups
 - Helping in youth groups
 - Mentoring programmes
 - Volunteering overseas
- The list is endless...

How do you enter?

It's simple! Send us your story outlining why you or the person you are nominating should receive a **Barnardos Helping Hands Award**.

We want to hear about:

- The experience of volunteering
- Who it helped
- What the activity involved
- How long it took

Your entry submission should be no more than 500 words maximum printed clearly on A4 paper, and must be accompanied by the entry form overleaf. Photographs, videos or art work can be submitted to support your entry.

The deadline for nominations is **29th February 2012**.

For further details check out our website at www.barnardos.ie